

El Paso-Gridley Girls Track Top 6 Honor Roll • 2005 to 2019

100 METER DASH

Kaylynn Schlipf	2015	:12.64 hc
Kaylynn Schlipf	2015-16	:13.12 FAT
Robin Eastwood	2009	:13.14 hc
Jillian Toth	2019	:13.17 FAT
Tori Witzig	2019	:13.37 FAT
Meghan Wilkey	2010	:13.44 hc
Gracie Feeney	2016	:13.54 hc

200 METER DASH

Kaylynn Schlipf	2015	:27.14 hc
Tristyn Grube	2019	:27.36 FAT
Gracie Feeney	2016	:27.54 hc
Tori Witzig	2019	:28.01 FAT
Gloria Clark	2010	:28.14 hc
Aubrey Staton	2016	:28.34 hc

400 METER DASH

Julie James	2010	:59.25 FAT
Sophia Lowery	2019	1:00.70 FAT
Maddie Morrison	2014	1:03.70 FAT
Janelle James	2007	1:03.91 FAT
Tristyn Grube	2018	1:04.52 FAT
Rebekah Ehresman	2014	1:04.54 hc

800 METER RUN

Julie James	2010	2:12.44 FAT
Ruby Slightom	2019	2:24.23 FAT
Janelle James	2005	2:31.54 hc
Cate Atkins	2018	2:33.03 FAT
Jordan Hartness	2010	2:34.54 hc
Rebekah Ehresman	2014	2:36.14 hc

1600 METER RUN

Julie James	2011	5:06.94 hc
Cate Atkins	2018	5:21.69 FAT
Sophi Allen	2019	5:33.55 FAT
Jordan Hartness	2008	5:48.34 hc
Julia Reid	2017	5:48.54 FAT
Karly Miller	2011	5:51.54 hc

3200 METER RUN

Julie James	2011	11:06.04 hc
Cate Atkins	2018	11:39.71 FAT
Sophi Allen	2019	12:09.30 FAT
Karly Miller	2011	12:20.61 FAT
Julia Reid	2017	12:44.29 FAT
Charlene Hamilton	2019	12:48.34 hc

100 M HIGH HURDLES

Gracie Feeney	2017	:15.50 FAT
Kaylynn Schlipf	2017	:15.61 FAT
Faith Graham	2019	:16.01 FAT
Makenna Parkhouse	2019	:16.56 FAT
Tori Witzig	2019	:16.86 FAT
Robin Eastwood	2009	:17.04 FAT

300 METER LOW HURDLES

Gracie Feeney	2017	:45.79 FAT
Makenna Parkhouse	2019	:47.56 FAT
Emma Betts	2019	:47.92 FAT
Rebekah Ehresman	2014	:49.05 FAT
Tori Witzig	2019	:49.78 FAT
Robin Eastwood	2009	:50.03 FAT

LONG JUMP

Tristyn Grube	2018	17-2
Gracie Feeney	2017	17-0 1/4
Michelle Bigger	2015	16-7 3/4
Kaylynn Schlipf	2015	16-1 1/4
Faith Graham	2018	15-10 1/2
Chelsea Kessinger	2011	15-1 1/2

HIGH JUMP

Julie James	2010	5-4
Janelle James	2005	5-2
Aubrey Staton	2015	5-2
Justine James	2005	5-0
Sophia Lowery	2018, 2019	5-0
Jacy James	2008	4-10
Maddie Morrison	2014	4-10

TRIPLE JUMP

Tristyn Grube	2018	34-0 1/2
Michelle Bigger	2014	33-10 1/2
Alyssa Byers	2011	33-8 3/4

Faith Graham	2019	32-9 1/2
Aubrey Staton	2016	32-0
Chelsea Kessinger	2011	31-9 3/4
Megan Evans	2008	31-9 1/2

SHOT PUT

Mattie Buchanan	2013	38-2
Miranda Reeves	2016	37-7 1/4
Sierra Carr	2019	36-2
Taylor Rarick	2016	34-2 1/2
Kortney Bagby	2017	33-2
Kathy Forman	2008	31-5

DISCUS

Miranda Reeves	2016	129-11
Mattie Buchanan	2010	106-10
Alana Payton	2012	105-4
Taylor Rarick	2016	102-2
Sierra Carr	2019	101-2
Meghan Wilkey	2010	97-4

POLE VAULT

Jaycie Schertz	2017	7-6
Alex Horine	2018	7-0
Lauren Sepich	2019	6-6
Lauren Wilson	2015	6-0
Christina Carrier	2015	6-0
Sophia Allen	2016	6-0

4 X 100 RELAY

50.99 FAT, (Makenna Parkhouse 13.2, Sophia Lowery 13.4, Emma Betts 12.0, Tristyn Grube 12.4), *EPG Sectional 2019*.
 51.00 FAT, (Makenna Parkhouse 13.6, Sophia Lowery 12.6, Emma Betts, 12.4, Tristyn Grube 12.4), *McLean Co./HOI 2019*.
 51.12 FAT, (Makenna Parkhouse 12.9, Sophia Lowery 12.9, Emma Betts 12.3, Tristyn Grube 13.02), *State Prelims 2019*.
 51.59 FAT, (Gracie Feeney 13.8, Michelle Bigger 12.6, Maddie Morrison 12.3, Kaylynn Schlipf 12.89), *Lewistown Sectional 2015*.
 51.61 FAT, (Gracie Feeney, Aubrey Staton, Maddie Morrison, Kaylynn Schlipf), *EPG Hexangular 2016*
 51.65 FAT, (Makenna Parkhouse, Sophia Lowery, Emma Betts, Tristyn Grube), *Senior Night 2019*

4 X 200 RELAY

1:49.48 FAT, (Tori Witzig 27.3, Emma Betts 27.7, Sophia Lowery 27.6, Tristyn Grube 26.9), *State Prelims 2019*
 1:49.59 FAT, (Faith Graham 29.7, Tori Witzig 26.5, Sophia Lowery 27.1, Tristyn Grube 26.3), *Senior Night 2019*
 1:50.44 FAT, (Gracie Feeney 28.1, Aubrey Staton 26.7, Makenna Parkhouse 28.6, Maddie Morrison 27.04), *EPG Sectional 2016*
 1:51.04 FAT, (Gracie Feeney 27.5, Aubrey Staton, 27.7, Makenna Parkhouse 27.6, Maddie Morrison 28.2), *County/HOI 2016*.
 1:51.05 FAT, (Gracie Feeney 27.9, Aubrey Staton 28.0, Maddie Morrison 27.3, Kaylynn Schlipf 27.8), *EPG Hexangular 2016*
 1:51.55 FAT, (Gracie Feeney 27.9, Aubrey Staton 27.7, Makenna Parkhouse 27.9, Maddie Morrison 28.05), *State Prelims 2016*.

4 X 400 RELAY

4:10.95 FAT, (Makenna Parkhouse 63.5, Emma Betts 64.0, Sophia Lowery 62.0, Tristyn Grube 61.5), *McLean Co./HOI 2019*
 4:11.61 FAT, (Makenna Parkhouse 64.2, Ruby Slightom 65.4, Sophia Lowery 61.1, Tristyn Grube 60.9), *Mendota Invite 2019*
 4:13.64 FAT, (Makenna Parkhouse 63.4, Emma Betts 64.4, Sophia Lowery 62.5, Tristyn Grube 63.3), *State Prelims 2019*
 4:13.90 FAT, (Makenna Parkhouse 64.2, Kaylynn Schlipf 65.3, Maddie Morrison 63.4, Gracie Feeney 61.0), *McLean County/HOI 2017*.
 4:14.10 FAT, (Makenna Parkhouse 62.8, Kaylynn Schlipf 65.8, Maddie Morrison 65.2, Gracie Feeney, 60.3), *State Prelims 2017*.
 4:14.52 FAT, (Makenna Parkhouse 62.9, Emma Betts 64.5, Sophia Lowery 63.6, Tristyn Grube 63.5), *Eureka Invite*.

4 X 800 RELAY

10:05.62 FAT, (Tristyn Grube 2:32.2, Sophi Allen 2:34.3, Jenna Kent 2:36.6, Ruby Slightom 2:22.5), *Journal Star Honor Roll 2019*.
 10:16.24 hc, (Karly Miller 2:29.2, Jessica Welch 2:42.5, Rachael Rotramel 2:45.6, Julie James 2:18.7), *Eureka Invite 2011*.
 10:17.19 FAT, (Karly Miller 2:29.7, Jessica Welch 2:45.9, Jordan Hartness 2:38.8, Julie James 2:22.6), *McLean County 2011*.
 10:17.74 hc, (Cate Atkins 2:39.5, Sophia Lowery 2:39.2), Tristyn Grube 2:34.9, Ruby Slightom 2:23.9), *Dee-Mack 2019*.
 10:17.95 FAT, (Karly Miller 2:29, Jessica Welch 2:39, Jordan Hartness 2:42, Julie James 2:28), *PBL Sectional 2011*.
 10:23.64 FAT, (Karly Miller 2:25.1, Jessica Welch 2:38.2, Delaney Killian 2:44.7, Jordan Hartness 2:35.64), *State Prelims 2011*.

(hc = hand-time converted to FAT by adding 0.24 second.)

EPG, El Paso, & Gridley Girls Track All-Time Honor Roll 1973 to 2019

100 METER DASH

<i>Kaylynn Schlipf (EPG)</i>	2015	:12.64 hc
<i>Kaylynn Schlipf (EPG)</i>	2015-16	:13.12 FAT
<i>Robin Eastwood (EPG)</i>	2009	:13.14 hc
<i>Jillian Toth (EPG)</i>	2019	:13.17 FAT
Amy Heller	1982-83	:13.24 hc
Sheila Jones	1984	:13.24 hc
Janet Patterson	1973	:13.34* hc
Angie Wadsworth	1986	:13.34 hc
<i>Tori Witzig (EPG)</i>	2019	:13.37 FAT
Patty Hynes	1981	:13.44 hc
Lori Riker	1983	:13.44 hc
<i>Meghan Wilkey (EPG)</i>	2010	:13.44 hc
Brenda Ales	1977	:13.54* hc
<i>Gracie Feeney (EPG)</i>	2016	:13.54 hc
<i>Makenna Parkhouse (EPG)</i>	2018	:13.62 FAT
Traci Faulk	1986	:13.64 hc
Heather Arbuckle	1998, 2000	:13.64 hc
<i>Tristyn Grube (EPG)</i>	2019	:13.74 FAT
Patsy Wilson	1975	:13.74* hc
Jillian Kitchell	2003	:13.74 hc
<i>Sophia Lowery (EPG)</i>	2019	:13.79 FAT

200 METER DASH

Janell Schmidt	2002	:26.95 FAT
Janell Schmidt	2002	:27.04 hc
<i>Kaylynn Schlipf (EPG)</i>	2015	:27.14 hc
Jennifer Cox	2002	:27.34 hc
<i>Tristyn Grube (EPG)</i>	2019	:27.36 FAT
Amy Heller	1982	:27.54 hc
<i>Gracie Feeney (EPG)</i>	2016	:27.54 hc
Patty Hynes	1983	:27.94 hc
<i>Tori Witzig (EPG)</i>	2019	:28.01 FAT
Sheila Jones	1984	:28.14 hc
<i>Gloria Clark (EPG)</i>	2010	:28.14 hc
Brenda Ales	1977	:28.24* hc
Lori Riker	1983	:28.24 hc
Heather Arbuckle	1999	:28.24 hc
Aubrey Staton (EPG)	2016	:28.34 hc
<i>Alyssa Byers (EPG)</i>	2012	:28.48 FAT
<i>Jillian Toth (EPG)</i>	2019	:28.49 FAT
Kelly Schmitt	1998	:28.54 hc
<i>Lauren Sepich (EPG)</i>	2019	:27.62 FAT
Kelly Sennott	1976	:28.64* hc
Stacy Rinkenberger	1989	:28.74 hc

400 METER DASH

<i>Julie James (EPG)</i>	2010	:59.25 FAT
Janell Schmidt	2001	1:00.24 hc
Sophia Lowery (EPG)	2019	1:00.70 FAT
Amy Heller	1982	1:00.84 hc
Jennifer Cox	2002	1:01.94 hc
Sheila Jones	1984	1:02.24 hc
Stacy Rinkenberger	1989	1:02.34 hc
Mara Bergquist	1982	1:02.44 hc
<i>Maddie Morrison (EPG)</i>	2014	1:03.70 FAT
Dee Kurtenbach	1984	1:03.84 hc
Traci Faulk	1986	1:03.84 hc
<i>Janelle James (EPG)</i>	2007	1:03.91 FAT
<i>Tristyn Grube (EPG)</i>	2018	1:04.52 FAT
<i>Rebekah Ehresman (EPG)</i>	2014	1:04.54 hc
Heather Arbuckle	2000	1:04.84 hc
<i>Justine James (EPG)</i>	2005	1:04.94 hc
Tori Bellman	1999	1:05.04 hc
<i>Emma Baker (EPG)</i>	2017	1:05.20 FAT
<i>Taylor Wilkey (EPG)</i>	2008	1:05.74 hc
Mendy Carr	1992	1:06.24 hc
<i>Jaycie Schertz (EPG)</i>	2017	1:06.32 FAT
<i>Jacy James (EPG)</i>	2010	1:06.44 hc

800 METER RUN

<i>Julie James (EPG)</i>	2010	2:12.44 FAT
Jennifer Cox	2000	2:18.31 FAT
Sheila Jones	1983	2:23.64 hc

<i>Ruby Slightom (EPG)</i>	2019	2:24.23 FAT
Amy Heller	1984	2:26.24 hc
Mendy Carr	1991	2:31.04 hc
<i>Janelle James (EPG)</i>	2005	2:31.54 hc
Inga Bergquist	1992	2:32.94 hc
<i>Cate Atkins (EPG)</i>	2018	2:33.03 FAT
Becky Jones	1986	2:33.64 hc
Gina Kelly	1986	2:34.14 hc
<i>Jordan Hartness (EPG)</i>	2010	2:34.54 hc
<i>Rebekah Ehresman (EPG)</i>	2014	2:36.14 hc
Tanya Harsh	1994	2:36.24 hc
<i>Jenna Kent (EPG)</i>	2019	2:36.74 FAT
Layne Crusius	1988	2:36.74 hc
<i>Karly Miller (EPG)</i>	2011	2:37.04 hc
<i>Julia Reid (EPG)</i>	2017	2:38.55 FAT
Debra Scott	1982	2:39.34 hc
<i>Braden Hickey (EPG)</i>	2009	2:39.40 FAT

1600 METER RUN

<i>Julie James (EPG)</i>	2011	5:06.94 hc
<i>Cate Atkins (EPG)</i>	2018	5:21.69 FAT
Jennifer Cox	1999	5:23.85 FAT
<i>Sophi Allen (EPG)</i>	2019	5:33.55 FAT
Amy Heller	1983	5:43.54 hc
<i>Jordan Hartness (EPG)</i>	2008	5:48.34 hc
<i>Julia Reid (EPG)</i>	2017	5:48.54 FAT
<i>Karly Miller (EPG)</i>	2011	5:51.54 hc
Inga Bergquist	1991	5:52.14 hc
Layne Crusius	1988	5:53.64 hc
<i>Charlene Hamilton (EPG)</i>	2019	5:53.12 FAT
Lori Messer	1980	5:53.94 hc
Kami Bergquist	1986	5:54.84 hc
Mendy Carr	1991	5:56.54 hc
<i>Ruby Slightom (EPG)</i>	2019	6:01.54 FAT
<i>Allison Kelly (EPG)</i>	2017	6:02.50 FAT
Susan Cleary	1986	6:03.14 hc
Becky Jones	1985	6:03.34 hc
Katie Cleary	1995	6:09.04 hc

3200 METER RUN (first run 1976)

<i>Julie James (EPG)</i>	2011	11:06.04 hc
<i>Cate Atkins (EPG)</i>	2018	11:39.71 FAT
Jennifer Cox	1999	11:53.14 hc
<i>Sophi Allen (EPG)</i>	2019	12:09.30 FAT
<i>Karly Miller (EPG)</i>	2011	12:20.61 FAT
Inga Bergquist	1991	12:21.64 hc
Kami Bergquist	1983	12:44.24 hc
<i>Julia Reid (EPG)</i>	2017	12:44.39 FAT
<i>Charlene Hamilton (EPG)</i>	2019	12:48.34 hc
Katie Cleary	1995	13:02.24 hc
<i>Jacy James (EPG)</i>	2008	13:26.24 hc
<i>Sarah Schug (EPG)</i>	2015	13:29.94 hc
<i>Delaney Killian (EPG)</i>	2011	13:57.66 FAT
Charlotte Anderson	1981	13:51.24 hc
<i>Megan Dress (EPG)</i>	2017	14:08.32 FAT
<i>Mya Gramm (EPG)</i>	2019	14:17.14 FAT
<i>Haley Staulcup (EPG)</i>	2011	14:28.44 hc
<i>Autumn Kridner (EPG)</i>	2012	14:31.14 hc
<i>Allison Kelly (EPG)</i>	2017	14:33.84 hc
<i>Kayley Roth (EPG)</i>	2012	14:37.94 hc

100 M HIGH HURDLES (33", first run 1989)

<i>Gracie Feeney (EPG)</i>	2017	:15.50 FAT
<i>Kaylynn Schlipf (EPG)</i>	2017	:15.61 FAT
<i>Faith Graham (EPG)</i>	2019	:16.01 FAT
<i>Makenna Parkhouse (EPG)</i>	2019	:16.56 FAT
<i>Tori Witzig (EPG)</i>	2019	:16.86 FAT
<i>Robin Eastwood (EPG)</i>	2008	:17.14 hc
<i>Robin Eastwood (EPG)</i>	2009	:17.04 FAT
<i>Rebekah Ehresman (EPG)</i>	2014	:17.34 hc
<i>Maggie Skinner (EPG)</i>	2008	:17.44 hc
<i>Rebekah Ehresman (EPG)</i>	2014	:17.30 FAT
<i>Meghan Wilkey (EPG)</i>	2007	:17.54 hc
Renee Rust	1999	:17.94 hc

Emily Uphoff	2003	:18.04 hc
Atricia Evans	1989	:18.14 hc
Jennifer Reeves	1992	:18.14 hc
<i>Mindy Campbell (EPG)</i>	2005	:18.34 hc
<i>Ashlyn Mool (EPG)</i>	2017	:18.64 hc
Jessica Wolf	1995	:18.74 hc
Stephanie Ruble	1996-97	:18.84 hc

300 METER LOW HURDLES (1st run 1986)

<i>Gracie Feeney (EPG)</i>	2017	:45.79 FAT
<i>Makenna Parkhouse (EPG)</i>	2019	:47.56 FAT
<i>Emma Betts (EPG)</i>	2019	:47.92 FAT
<i>Rebekah Ehresman (EPG)</i>	2014	:49.05 FAT
<i>Tori Witzig (EPG)</i>	2019	:49.78 hc
<i>Meghan Wilkey (EPG)</i>	2007	:50.24 hc
<i>Robin Eastwood (EPG)</i>	2009	:50.03 FAT
<i>Kaylynn Schlipf (EPG)</i>	2015	:51.24 FAT
<i>Allie Paradies (EPG)</i>	2013	:51.47 FAT
Emily Uphoff	2001	:52.74 hc
<i>Faith Graham (EPG)</i>	2018	:52.74 hc
Becky Jones	1986	:52.94 hc
<i>Ashlyn Mool (EPG)</i>	2017	:54.07 FAT
Jessica Wolf	1993	:54.44 hc
<i>Mindy Campbell (EPG)</i>	2005	:54.44 hc
Amanda Whisker	2004	:54.74 hc
<i>Maggie Skinner (EPG)</i>	2008	:54.74 hc
Atricia Evans	1987	:55.64 hc
<i>Katie Sharkey (EPG)</i>	2010	:55.75 FAT
Kathleen Haas	1991	:56.04 hc

LONG JUMP

Laura Dukes	1985	17-7
<i>Tristyn Grube (EPG)</i>	2018	17-2
<i>Gracie Feeney (EPG)</i>	2017	17-0 1/4
Lesley Stone	1990	16-10 1/4
<i>Michelle Bigger (EPG)</i>	2015	16-7 3/4
<i>Kaylynn Schlipf (EPG)</i>	2015	16-1 1/4
<i>Faith Graham (EPG)</i>	2018	15-10 1/2
Diana Miller	1974	15-3
Julie Sutton	1981	15-3
<i>Chelsea Kessinger (EPG)</i>	2011	15-1 1/2
Traci Faulk	1986	15-1
Steph Aeschliman	1981	14-11 3/4
Patsy Wilson	1975	14-11
Kelly Schmitt	1999	14-9
<i>Megan Evans (EPG)</i>	2005	14-8 1/2
<i>Larissa Kiefer (EPG)</i>	2009	14-8 1/2
<i>Meghan Wilkey (EPG)</i>	2007	14-8
<i>Sophia Lowery (EPG)</i>	2019	14-8
Gina Kelly	1985	14-7 3/4
Renee Weber	1984	14-7 1/2

HIGH JUMP

Stephenie Schuler	1996	5-6
<i>Julie James (EPG)</i>	2010	5-4
Lesley Stone	1990	5-3
<i>Janelle James (EPG)</i>	2005	5-2
<i>Aubrey Staton (EPG)</i>	2015	5-2
Sheila Jones	1982-83	5-0
Sherri Stiles	1984	5-0
Amanda Whisker	2004	5-0
<i>Justine James (EPG)</i>	2005	5-0
<i>Sophia Lowery (EPG)</i>	2018-19	5-0
Kellerhals (Gridley)	1976	4-11
Gina Kelly	1985-86	4-10
Jessica Wolf	1995	4-10
<i>Jacy James (EPG)</i>	2008	4-10
<i>Maddie Morrison (EPG)</i>	2015	4-10
Janet Patterson	1976	4-9
ALL 4-8: Lisa Franke, 1977; Barb Scott, 1982; Debra Scott, 1983-84; Leslie Wilkey, 2003; Megan Evans, 2005-06; Rachel Hartman, 2007; Ashley Mueller, 2009; Darien DeVary, 2010		

EPG, El Paso, & Gridley Girls Track All-Time Honor Roll 1973 to 2019

TRIPLE JUMP (new event 1996)

Tristyn Grube (EPG)	2018	34-0 1/2
Michelle Bigger (EPG)	2014	33-10 1/2
Alyssa Byers (EPG)	2011	33-8 3/4
Faith Graham (EPG)	2019	32-9 1/2
Aubrey Staton (EPG)	2016	32-0
Chelsea Kessinger (EPG)	2011	31-9 3/4
Megan Evans (EPG)	2008	31-9 1/2
Ashlyn Mool (EPG)	2017	30-8
Emily McCormick (EPG)	2008	30-6
Leslie Wilkey	2003	30-2 1/2
Jen Ehresman (EPG)	2014	29-9
Lauren Wilson (EPG)	2014	28-10
Larissa Kiefer (EPG)	2008	28-9
Rebecca Orns (EPG)	2019	28-8
Emma Baker (EPG)	2016	28-4
Emily Uphoff	2003	28-2
Lauren Sepich (EPG)	2019	28-2
Caitlin Raasch (EPG)	2006	27-11
Rachael Ingalsbe (EPG)	2012	27-11
Meggian Buitre	1997	27-6

SHOT PUT (4 kg. first thrown 1981)

Cindy Uphoff	1998	38-5
Mattie Buchanan (EPG)	2013	38-2
Dana Wilson	1986	37-8
Miranda Reeves (EPG)	2016	37-7 1/4
Sierra Carr (EPG)	2019	36-2
Holly Armstrong	2004	35-2
Jodi DeKeyser	1983	34-5
Taylor Rarick (EPG)	2016	34-2 1/2
Kortney Bagby (EPG)	2017	33-2
Sue Uphoff	1985	33-1
Margie Boyd	1996	32-5 1/2
Kathy Forman (EPG)	2008	31-5
Erica Uphoff	2004	31-4 1/2
Jaime Krug	1992	29-3
Payton Rarick (EPG)	2018	29-1
Morgan Render (EPG)	2019	28-9 1/2
Kim Borger	1988	28-9
Sophia Lowery (EPG)	2019	28-8 3/4
Shannon Hasselbacher	1995	28-8 1/2
Tracy Supan	1986	28-8

DISCUS

Miranda Reeves (EPG)	2016	129-11
Jodi DeKeyser	1983	117-11
Holly Armstrong	2004	116-11
Cindy Uphoff	1995	110-6
Mattie Buchanan (EPG)	2010	106-10
Alana Payton (EPG)	2012	105-4
Dana Wilson	1986	103-0
Taylor Rarick (EPG)	2016	102-2
Sierra Carr (EPG)	2019	101-2
Kim Borger	1988	99-7
Sue Uphoff	1985	99-1
Meghan Wilkey (EPG)	2010	97-4
Tracy Supan	1987	95-10
Jillian Toth (EPG)	2019	94-1
Marilyn Bauman	1980	93-3
Margie Boyd	1999	92-3
Payton Rarick (EPG)	2017	92-5
Lynn Hunsaker	1978	91-0
Jaime Krug	1992	89-7
Karen Krug	1975	88-1

EPG Girls

State Medalists

2010 - Julie James, (2nd, 800 meter run, 2:12.44; 5th, 1600 meter run, 5:21.37; 6th, 3200 meter run, 11:33.58)

2012 - Mattie Buchanan, (7th, Shot Put, 37-11 1/4); Julie James (8th, 800 meter run, 2:18.27).

2013 - Julie James (1st, 1600 meter run, 5:13.21, 2nd, 800 meter run, 2:16.62); Mattie Buchanan, (9th, Shot Put, 37-0 3/4).

2016 - Miranda Reeves (9th, Discus, 121-11)

2017 - Gracie Feeney (3rd, 300 Hurdles, 45.79; 8th, 100 Hurdles, 15.54).

2018 - Cate Atkins, (6th, 3200 meter run, 11:39.71; 7th, 1600 meter run, 5:21.69)

Sectional State Qualifiers

2009 - Robin Eastwood (2nd, 100 Hurdles, 17.30); Alyssa Byers (2nd, Triple Jump, 32-9)

2010 - Julie James (1st, 800 run, 2:16.75; 1st, 1600 run, 5:15.50; 1st, 3200 run, 11:53.40); Mattie Buchanan (2nd, Discus, 106-10).

2011 - Julie James (1st, 800 run, 2:16.76. 1st, 1600 run, 5:14.08); Mattie Buchanan (1st, Shot Put, 33-5 1/2); Alyssa Byers (6th, Triple Jump, 33-8 3/4); 4 x 800 Relay, (Karly Miller, Jessica Welch, Jordan Hartness, Julie James, 2nd, 10:17.95.)

2012 - Alana Payton (1st, Discus, 105-4; Mattie Buchanan (2nd, Shot Put, 37-2; 2nd, Discus, 102-4); Julie James (2nd, 800, 2:19.23).

2013 - Mattie Buchanan (1st, Shot Put, 38-2; 1st, Discus, 105-5); Julie James (1st, 1600, 5:25.29; 2nd, 800, 2:17.55), Miranda Reeves, (3rd, Shot Put, 35-7)

2014 - Miranda Reeves (1st, Shot Put, 32-7) Rebekah Ehresman (2nd, 300 LH, 49.05)

2015 - Kaylynn Schlipf (1st, 100 High Hurdles, 16.14); Miranda Reeves (2nd, Shot Put, 36-10; 2nd, Discus, 116-7); Michelle Bigger

(2nd, Long Jump, 16-3 1/2); 4 x 100 Relay (Gracie Feeney, Michelle Bigger, Maddie Morrison, Kaylynn Schlipf, 2nd, 51.59.)

2016 - Gracie Feeney (1st, 100 Hurdles, 15.80; 1st, 300 Hurdles, 47.94), Miranda Reeves (1st, Discus, 129-11; 2nd, Shot Put, 35-11 1/4); Cate Atkins (1st, 3200 meter run, 12:56.05); Kaylynn Schlipf (3rd, 100 Hurdles, 16.44.); 4 x 100 Relay, (Gracie Feeney, Aubrey Staton, Maddie Morrison, Kaylynn Schlipf, 1st, 52.27); 4 x 200 Relay, (Gracie Feeney, Aubrey Staton, Makenna Parkhouse, Maddie Morrison, 1st, 1:50.44)

2017 - Kaylynn Schlipf (1st, 100 Hurdles, 15.61); Gracie Feeney (2nd, 100 Hurdles, 16.03; 2nd, 300 Hurdles, 46.05; 2nd, Long Jump, 16-1 1/4.) 4 x 400 Relay (Makenna Parkhouse, Kaylynn Schlipf, Maddie Morrison, Gracie Feeney, 1st, 4:15.35).

2018 - Faith Graham (1st, 100 Hurdles, 16.47); Sophi Allen (1st, 3200 meter run, 13:27.04); Cate Atkins (2nd, 1600 meter run, 5:26.17; 2nd, 3200 meter run, 13:27.09); Aubrey Staton (2nd, High Jump, 5-0); Tristyn Grube (2nd, Long Jump, 16-8); Makenna Parkhouse (3rd, 300 Hurdles, 47.86); 4 x 100 Relay (Makenna Parkhouse, Aubrey Staton, Faith Graham, Tristyn Grube, 2nd, 51.88); 4 x 400 Relay (Tristyn Grube, Emma Betts, Sophia Lowery, Makenna Parkhouse, 3rd, 4:16.04).

2019 - Sophia Lowery (1st, 400, 1:03.04); Sophi Allen (1st, 1600, 5:44.13; 3rd, 3200, 12:09.30); Cate Atkins (1st, 3200, 11:54.78; 2nd, 1600, 5:44.23); Makenna Parkhouse (1st, 100 HH, 16.56; 2nd, 300 Hurdles, 48.24); Ruby Slightom (2nd, 800, 2:28.49); Faith Graham (2nd, 100 HH, 16.63); Tristyn Grube (2nd, LJ, 16-5 1/2); Sierra Carr (2nd, Shot, 34-10); Emma Betts (3rd, 300 Hurdles, 48.50); 4 x 100 Relay, (1st, Makenna Parkhouse, Sophia Lowery, Emma Betts, Tristyn Grube, :50.99);

4 x 400 Relay (1st, Makenna Parkhouse, Emma Betts, Sophia Lowery, Tristyn Grube, 4:15.15), 4 x 800 Relay (1st, Rebecca Orns, Jenna Kent, Charlene Hamilton, Ruby Slightom, 10:41.77); 4 x 200 Relay (2nd, Faith Graham, Rebecca Orns, Tori Witzig, Tristyn Grube, 1:52.07).

HOI Conference event winners

2009 - Alyssa Byers (Triple Jump, 30-11 1/2)

2010 - Julie James (800 meter run, 2:19.5; 1600 meter run, 5:21.6)

2011 - Julie James (800 meter run, 2:13.94; 1600 meter run, 5:10.30); 4 x 800 Relay (Karly Miller, Jessica Welch, Jordan Hartness, Julie James), 10:17.19.

2012 - Mattie Buchanan (Shot Put, 37-1).

2013 - Mattie Buchanan (Shot Put, 37-6).

2015 - Michelle Bigger (Triple Jump, 31-8); 4 x 100 Relay (Gracie Feeney, Michelle Bigger, Maddie Morrison, Kaylynn Schlipf), 52.43.

2016 - Cate Atkins (3200 meter run, 13:01.93); Gracie Feeney (300 Hurdles, 48.01); 4 x 100 Relay, (Gracie Feeney, Aubrey Staton, Maddie Morrison, Makenna Parkhouse), 52.08.

2017 - 4 x 400 Relay (Makenna Parkhouse, Kaylynn Schlipf, Maddie Morrison, Gracie Feeney), 4:13.90.

2018 - Makenna Parkhouse (300 Hurdles, 48.43); Sophia Lowery (High Jump, 4-11).

2019 - Tristyn Grube (Long Jump, 16-3 1/2; Triple Jump, 33-7 1/2); Faith Graham (100 Hurdles, 16.42); Makenna Parkhouse (300 Hurdles, 47.56); Charlene Hamilton (3200, 12:55.12); Sierra Carr (Shot Put, 36-2); 4 x 100 Relay, (Makenna Parkhouse, Sophia Lowery, Emma Betts, Tristyn Grube), 51.00; 4 x 200 Relay (Lauren Sepich, Rebecca Orns, Faith Graham, Tori Witzig), 1:53.34; 4 x 400 Relay, (Makenna Parkhouse, Emma Betts, Sophia Lowery, Tristyn Grube), 4:10.95; 4 x 800 Relay, (Rebecca Orns, Jenna Kent, Sophi Allen, Cate Atkins), 10:48.98.

EPG, El Paso, & Gridley Girls Relays Honor Roll • 1973 to 2019

4 x 100 METER RELAY

:50.99 FAT, (Makenna Parkhouse 13.2, Sophia Lowery 13.4, Emma Betts 12.0, Tristyn Grube 12.4), EPG Sectional 2019.
:51.00 FAT, (Makenna Parkhouse 13.6, Sophia Lowery 12.6, Emma Betts, 12.4, Tristyn Grube 12.4), McLean Co./HOI 2019.
:51.12 FAT, (Makenna Parkhouse 12.9, Sophia Lowery 12.9, Emma Betts 12.3, Tristyn Grube 13.02), State Prelims 2019.
:51.59 FAT, (Gracie Feeney 13.8, Michelle Bigger 12.6, Maddie Morrison 12.3, Kaylynn Schlipf 12.89), Lewistown Sectional 2015.
:51.61 FAT, (Gracie Feeney, Aubrey Staton, Maddie Morrison, Kaylynn Schlipf), EPG Hextangular 2016
:51.65 FAT, (Makenna Parkhouse, Sophia Lowery, Emma Betts, Tristyn Grube), Senior Night 2019
:51.72 FAT, (Makenna Parkhouse 13.4, Sophia Lowery 12.4, Emma Betts 13.2, Tristyn Grube 12.7), Clinton 2019.
:51.84 FAT, (Gracie Feeney 13.1, Aubrey Staton 13.2, Maddie Morrison 11.8, Kaylynn Schlipf 13.3), EPG Quad 2016
:51.88 FAT, (Makenna Parkhouse 13.5, Aubrey Staton 13.0, Faith Graham 12.4, Tristyn Grube 12.9), Lewistown Sectional 2018.
:51.97 FAT, (Gracie Feeney 13.3, Aubrey Staton, 12.6, Maddie Morrison 12.6, Kaylynn Schlipf 13.47), Clinton 2016.
:52.04 hc, (Gracie Feeney 13.4, Aubrey Staton 13.4, Maddie Morrison 12.2, Kaylynn Schlipf 12.8), Prairie Central Invite 2016.
:52.08 FAT, (Gracie Feeney 13.5, Aubrey Staton 12.3, Maddie Morrison, Makenna Parkhouse), County/HOI 2016.
:52.24 hc, (Amy Heller, Michelle Graham, Laura Dukes, Sheila Jones), Clinton 1985
:52.27 FAT, (Gracie Feeney 13.1, Aubrey Staton 13.2, Maddie Morrison 13.1, Kaylynn Schlipf 12.9), EPG Sectional 2016.
:52.34 hc, (Patty Hynes, Laura Dukes, Amy Heller, Sheila Jones), Sectional 1984
:52.36 FAT, (Makenna Parkhouse 13.3, Sophia Lowery 13.2, Emma Betts 12.8, Tristyn Grube 13.0), Eureka Invite 2019
:52.43 FAT, (Gracie Feeney 13.6, Michelle Bigger 13.7, Maddie Morrison 12.0, Kaylynn Schlipf 13.1), McLean County 2015.
:52.44 hc, (Amy Heller, Michelle Graham, Laura Dukes, Sheila Jones), Woodford Co. '85
:52.44 hc, (Amy Heller, Michelle Graham, Laura Dukes, Sheila Jones), Honor Roll '85
:52.44 hc, (Gracie Feeney 14.3, Michelle Bigger 13.7, Maddie Morrison 12.5, Kaylynn Schlipf 12.7), Prairie Central Invite 2105.
:52.44 hc, (Gracie Feeney 13.1, Makenna Parkhouse 13.5, Maddie Morrison 13.0, Kaylynn Schlipf 12.6), Tremont 2016.

4 x 200 meter Relay

1:49.48 FAT, (Tori Witzig 27.3, Emma Betts 27.7, Sophia Lowery 27.6, Tristyn Grube 26.9), State Prelims 2019
1:49.59 FAT, (Faith Graham 29.7, Tori Witzig 26.5, Sophia Lowery 27.1, Tristyn Grube 26.3), Senior Night 2019
1:50.44 hc, (Laura Dukes, Lori Riker, Michelle Graham, Sheila Jones), State Prelims '84
1:50.44 FAT, (Gracie Feeney 28.1, Aubrey Staton 26.7, Makenna Parkhouse 28.6, Maddie Morrison 27.04), EPG Sectional 2016
1:51.04 FAT, (Gracie Feeney 27.5, Aubrey Staton, 27.7, Makenna Parkhouse 27.6, Maddie Morrison 28.2), County/HOI 2016.
1:51.05 FAT, (Gracie Feeney 27.9, Aubrey Staton 28.0, Maddie Morrison 27.3, Kaylynn Schlipf 27.8), EPG Hextangular 2016
1:51.55 FAT, (Gracie Feeney 27.9, Aubrey Staton 27.7, Makenna Parkhouse 27.9, Maddie Morrison 28.05), State Prelims 2016.
1:51.64 hc, (Laura Dukes, Lori Riker, Michelle Graham, Sheila Jones), Sectional 1984
1:51.98 FAT, (Aubrey Staton 28.7, Maddie Morrison 30.2, Michelle Bigger 26.3, Kaylynn Schlipf 26.78), Lewistown Sectional 2015.
1:52.04 hc, (Traci Faulk, Michelle Graham, Laura Dukes, Sheila Jones), Olympia 1985
1:52.07 FAT, (Faith Graham 29.5, Rebecca Orns 27.5, Tori Witzig 28.4, Tristyn Grube 26.67), EPG Sectional 2019
1:52.15 FAT, (Faith Graham 29.5, Emma Betts 26.7, Jaycie Schertz 28.9, Tori Witzig 26.9), Lewistown Sectional 2018.
1:52.34 hc, (Traci Faulk, Michelle Graham, Laura Dukes, Sheila Jones), Sectional 1985
1:52.44 hc, (Makenna Parkhouse 28.1, Lauren Sepich 29.1, Rebecca Orns 28.4, Tristyn Grube 26.7), Dee-Mack 2019
1:52.46 FAT, (Gracie Feeney 28.6, Maddie Morrison 27.6, Aubrey Staton 29.1, Kaylynn Schlipf 27.4), Top Times B-N Honor Roll 2015.
1:52.85 FAT, (Tori Witzig 27.3, Rebecca Orns 29.9, Emma Betts 28.4, Tristyn Grube 27.3), Mendota Invite 2019
1:52.95 FAT, (Gracie Feeney, Aubrey Staton, Maddie Morrison, Kaylynn Schlipf), Clinton 2016
1:53.01 FAT, (Emma Betts 28.6, Jaycie Schertz 28.1, Aubrey Staton 28.9, Maddie Morrison 27.4), Tremont Sectional 2017
1:53.13 FAT, (Gracie Feeney 27.0, Aubrey Staton 29.7, Maddie Morrison 26.9, Makenna Parkhouse 29.5), Eureka Invite 2016
1:53.34 hc, (Laura Dukes, Lori Riker, Michelle Graham, Patty Hynes), Clinton 1984

4 x 400 meter Relay

4:07.84 hc, (Gina Kelly 1:03.9, Traci Faulk 1:03.2, Sheila Jones 59.3, Amy Heller 1:01.2), State Finals 1985
4:10.24 hc, (Dee Kurtenbach 1:03.4, Gina Kelly 1:03.5, Amy Heller 1:02.6, Sheila Jones 1:00.5), Monticello Sectional 1984
4:10.95 FAT, (Makenna Parkhouse 1:03.5, Emma Betts 1:04.0, Sophia Lowery 1:02.0, Tristyn Grube 1:01.5), McLean Co./HOI 2019
4:11.24 hc, (Dee Kurtenbach, Sheila Jones, Mara Bergquist, Amy Heller), Normal '83
4:11.34 hc, (Gina Kelly 1:05.8, Traci Faulk 1:03.3, Sheila Jones 1:00.7, Amy Heller 1:01.3), Monticello Sectional 1985
4:11.34 hc, (Gina Kelly, Traci Faulk, Sheila Jones, Amy Heller), State Prelims 1985
4:11.61 FAT, (Makenna Parkhouse 1:04.2, Ruby Slightom 1:05.4, Sophia Lowery 1:01.1, Tristyn Grube 1:00.9), Mendota Invite 2019
4:11.94 hc, (Heather Arbuckle 1:05.5, Tori Bellman 1:03.8, Janell Schmidt 1:01.6, Jennifer Cox 1:00.8), Pantagraph Honor Roll 2000
4:12.14 hc, (Gina Kelly, Traci Faulk, Sheila Jones, Amy Heller), Clinton 1985
4:12.54 hc, (Patty Hynes, Sheila Jones, Mara Bergquist, Amy Heller), Normal 1982
4:12.54 hc, (Dee Kurtenbach, Gina Kelly, Amy Heller, Sheila Jones), State Prelims 1984
4:13.24 hc, (Amy Heller, Patty Hynes, Sheila Jones, Mara Bergquist), District 1982
4:13.64 FAT, (Makenna Parkhouse 1:03.4, Emma Betts 1:04.4, Sophia Lowery 1:02.5, Tristyn Grube 1:03.3), State Prelims 2019
4:13.90 FAT, (Heather Arbuckle 1:04.4, Lindsay Reh 1:04.7, Janell Schmidt 1:02.9, Jennifer Cox 1:01.9), State Prelims 2001
4:13.90 FAT, (Makenna Parkhouse 64.2, Kaylynn Schlipf 65.3, Maddie Morrison, 63.4, Gracie Feeney 61.0) McLean County/HOI 2017
4:14.10 FAT, (Makenna Parkhouse 62.8, Kaylynn Schlipf 65.8, Maddie Morrison 65.2, Gracie Feeney 60.3), State Prelims 2017.
4:14.34 hc, (Heather Arbuckle 1:06.1, Lindsay Reh 1:07.0, Janell Schmidt 1:00.6, Jennifer Cox 1:00.4), Eureka Sectional 2001
4:14.44 hc, (Gina Kelly, Traci Faulk, Sheila Jones, Amy Heller), Midstate 1985
4:14.52 FAT, (Makenna Parkhouse 1:02.9, Emma Betts 1:04.5, Sophia Lowery 1:03.6, Tristyn Grube 1:03.5), Eureka Invite.
4:14.74 hc, (Gina Kelly 1:06.3, Traci Faulk 1:04.1, Sheila Jones 1:01.4, Amy Heller 1:03.7), Pantagraph Honor Roll 1985

4 x 800 meter Relay (first run 1986)

10:05.62 FAT, (Tristyn Grube 2:32.2, Sophi Allen 2:34.3, Jenna Kent 2:36.6, Ruby Slightom 2:22.5), Journal Star Honor Roll 2019.
10:15.44 hc, (Gina Kelly 2:31.9, Kami Bergquist 2:35.9, Susan Cleary 2:34.5, Becky Jones 2:32.8), State Prelims 1986
10:16.24 hc, (Karly Miller 2:29.2, Jessica Welch 2:42.5, Rachael Rotramel 2:45.6, Julie James 2:18.7), Eureka Invite, 2011
10:16.6, (Mendy Carr, 2:33.4, Kara Schertz 2:40.3, Sara Schairer 2:36.5, Inga Bergquist 2:26.4), State Prelims 1993
10:17.19 FAT, (Karly Miller 2:29.7, Jessica Welch 2:45.9, Jordan Hartness 2:38.8, Julie James 2:22.6), McLean County 2011
10:17.74 hc, (Cate Atkins 2:39.5, Sophia Lowery 2:39.2), Tristyn Grube 2:34.9, Ruby Slightom 2:23.9), Dee-Mack 2019.
10:18.14 hc, (Sara Schairer 2:32.9, Kara Schertz 2:42.1, Inga Bergquist 2:26.7, Mendy Carr 2:36.2), Eureka Sectional 1992
10:17.95 FAT, (Karly Miller 2:29, Jessica Welch 2:39, Jordan Hartness 2:42, Julie James 2:28), PBL Sectional 2011.
10:21.14 hc, (Mendy Carr 2:34.9, Kara Schertz 2:42.6, Sara Schairer 2:34.5, Inga Bergquist 2:28.9), Pantagraph Honor Roll 1993
10:22.24 hc, (Sara Schairer 2:33.1, Kara Schertz 2:39.8, Inga Bergquist 2:32.3, Mendy Carr 2:36.8), Eureka Invitational 1992
10:23.64 FAT, (Karly Miller 2:25.1, Jessica Welch 2:38.2, Delaney Killian 2:44.7, Jordan Hartness 2:35.64), State Prelims 2011.
10:24.14 hc, (Sara Schairer 2:34.3, Kara Schertz 2:41.8, Inga Bergquist 2:30.0, Mendy Carr 2:37.8), State Prelims 1992
10:25.34 hc, (Mendy Carr 2:33.1, Kara Schertz 2:44.7, Sara Schairer 2:37.1, Inga Bergquist 2:30.2), Eureka Sectional 1993
10:25.54 hc, (Sara Schairer 2:37.4, Kara Schertz 2:41.9, Inga Bergquist 2:29.1, Mendy Carr 2:36.9), Clinton Carnival 1992
10:26.04 hc, (Gina Kelly, Kami Bergquist, Susan Cleary, Becky Jones), Honor Roll 1986
10:26.24 hc, (Mendy Carr 2:35.5, Kara Schertz 2:43.7, Sara Schairer 2:37.2, Inga Bergquist 2:28.6), Clinton Carnival 1993

FASTEST RELAY SPLITS FOR 400 METERS

:57.8, Julie James, McLean County, '10
:58.7, Julie James, Tremont, '10
:59.3, Sheila Jones, State Finals '85
:59.3, Julie James, Clinton, '10
:59.7, Mara Bergquist, District '82
:60.1, Julie James, Mendota '11
:60.3, Janell Schmidt, Sectional '02
:60.3, Julie James, Henry '11
:60.4, Sheila Jones, Sectional '85
:60.4, Sheila Jones, Sectional '84
:60.4, Jennifer Cox, Sectional '01

FASTEST RELAY SPLITS FOR 800 METERS

2:18.7, Julie James, Eureka Invite '11
2:22.5, Ruby Slightom, PJS Honor Roll '19
2:22.6, Julie James, Tremont '10
2:22.6, Julie James, County/HOI '11
2:22.8, Julie James, Heyworth '13
2:25.1, Karly Miller, State Prelims '11
2:25.6, Julie James, Olympia '10
2:25.6, Ruby Slightom, State Prelims '19
2:26.4, Inga Bergquist, State Prelims '93
2:26.7, Inga Bergquist, Eureka Sect. '92
2:27.5, Julie James, Heyworth '11