

Girls Heart of Illinois Conference Indoor
Friday, March 17, 2023, at IWU Shirk Center
Meet starts at 4:00 pm. Meet over at 9:47 pm. Back about 10:40 pm.

Girls

Eureka 172, EPG 79, Tri-Valley 76, Dee-Mack 70, Tremont 41, Heyworth 32, Fieldcrest 32, GCMS 19, Ridgeview/Lexington 16, Fisher 0, Flanagan 0, LeRoy 0.

60 m dash - 10th, Kiefer, 8.67; 11th, (tie), Smith, 8.75; 16th, Stoller, 8.91.

200 m dash - 6th, Cogdal, 28.97; 10th, Kiefer, 30.18; 12th, Stoller, 30.32; 40th, Ioerger, 35.52.

400 m dash - none.

800 m run - 5th, Zimmerman, 2:52.05 (82-91).

1600 m run - 14th, Roth, 7:13.03 (101-111-114-106); 15th, E. Brucker, 7:13.59 (101-111-114-107); 17th, Alrawi, 8:19.5 (105-132-133-128).

3200 m run - none.

60 High Hurdles - 2nd, Cogdal, 10.23; 13th, Coppejans, 13.04.

High Jump - 1st, Phillips, 1.58m [5-2.2]; 3rd, (tie), Deckard, 1.40m [4-7.1]; 11th, (tie) Coppejans, 1.20m [3-11.2].

Long Jump - 3rd, Phillips, 5.05m [16-6.8]; 5th, Smith, 4.65m [15-3]; 7th, Harms, 4.33m [14-2.5]; 19th, Ioerger, 3.38m [11-1].

Triple Jump - 7th, Harms, 9.17m [30-1]

Pole Vault - 1st, Uphoff, 3.05m [10-0] (*EPG indoor record, old record 3.00m [9-10] by Lizzie Uphoff on March 3*).

Shot Put - 8th, Coppejans, 7.93m [26-0]; 11th, Martinez, 7.65m [25-1]; 15th, Wheatley, 7.39m [24-2.9]; 25th, Hamilton, 6.44m [21-1.8]; 28th, Cordell, 5.86m [19-2.7]; 31st, Allen, 5.24m [17-2.3]; 33rd, A. Brucker, 5.12m [16-5.5]

4 x 200 Relay - 2nd, (Cogdal 28.6, Deckard 29.5, Smith 28.5, Smith 28.2), 1:54.82; 6th, (Kiefer 29.6, Stoller, 29.8, Melick 31.7, Harms 29.9), 2:01.01.

4 x 400 Relay - 4th, (Wettstein 68.5, Ehrhardt 70.2, Hinthorne 71.4, Zimmerman 70.4), 4:41.25; 7th, (Uphoff 75.0, Deckard 69.9, Coppejans 76.9, Melick 70.5), 4:52.67.

4 x 800 Relay - 3rd, (Wettstein 2:36.3 (75-81), Ehrhardt 2:45.8 (78-86), Hinthorne 2:52.2 (84-86), Melick 2:36.2 (74-82)), 10:50.68.

60 METERS

1st, Cambria Geyer (Tremont), 8.07; 2nd, Addison Swadinsky (Dee-Mack), 8.19; 3rd, Madyson Salisbury (Dee-Mack), 8.20; 4th, Laurel Munson (Eureka), 8.28; 5th, Kayleigh Tharp (Eureka), 8:46; 6th, Kenzie Knowles (Dee-Mack), 8.55; 7th, Taryn Stunk (Hey), 8th, Sophia Musselman (Eureka), 8.63

200 METERS

1st, Cambria Geyer (Tremont), 26.49 (meet record); 2nd, Madyson Salisbury (Dee-Mack), 27.64; 3rd, Kayleigh Tharp (Eureka), 28.41; 4th, Kenzie Knowles (Dee-Mack), 28.70; 5th, Danielle Strunk (Hyeowhrth), 28.77; 6th, Keyli Cogdal (EPG), 28.97; Marlee Cruzan (Tri-Valley), 29.46; 8th, Gracie Bontemps (Dee-Mack), 29.60.

400 METERS

1st, Macy Gochanour (Fieldcrest), 1:06.18; 2nd, Natali Roth (Eureka), 1:07.18; 3rd, Meika Bender (Eureka), 1:07.48; 4th, Cecilia Goodin (GCMS), 1:08.29; 5th, Ashley Hanslow (Heyworth), 1:08.72; 6th, Anya Geltz (Tremont), 1:10.44; 7th, Meredith Grunloh (RV/Lex); 1:10.63; 8th, Anna Goodin (GCMS), 1:13.91.

800 METERS

1st, Naomi Roth (Eureka), 2:43.08; 2nd, Tanner Huliman (Tri-Valley), 2:43.87; 3rd, Cecilia Goodin (GCMS), 2:50.00; 4th, Kate Pickett (Heyworth), 2:50.65; 5th, Piper Zimmerman (EPG), 2:52.05; 6th, Lauren Casada (Tri-Valley), 2:54.28; 7th, Reagan Gerber (Eureka), 2:56.40; 8th, Ava Brookshier (Heyworth), 2:57.19.

1600 METERS

1st, Adelin Bruce (Tri-Valley), 5:56.79; 2nd, Ava Proehl (Tremont), 6:00.25; 3rd, Faith Kovich (Tri-Valley), 6:06.13; 4th, Isabelle Axelson (Eureka), 6:09.43; 5th, Abby Sauder (Dee-Mack), 6:12.20; 6th, Lilly Lahr (GCMS), 6:29.98; 7th, Libby Medlin (Dee-Mack), 6:31.10; 8th, Lena Schwarting (Dee-Mack), 6:42.18.

3200 METERS (NON-SCORING)

1st, Margaret Andrezejewski (Wheaton St. Francis), 12:14.31; 2nd, Lily Monigold (LeRoy), 12:22.81; 3rd, Alyssa Falcco (Wheaton St. Francis), 12:26.25; 4th, Elly Heineke (LP-Washburn), 12:32.29; 5th, Samantha Hartke (Iroquois West), 13:10.10; 6th, Cora Stawn (Eureka), 13:51.77; 7th, Ashley Spahn (Wheaton St. Francis), 13:52.31; 8th, Clare Phillips (Fieldcrest), 13:53.45.

60 HIGH HURDLES

1st, Cambria Geyer (Tremont), 9.28; 2nd, Keyli Cogdal (EPG), 10.23; 3rd, Kyra Denning (Heyworth), 10.40; 4th, Alanyna Garza (Eureka), 10.59; 5th, Peyton Louck (Eureka), 10.67; 6th, Maddy Harris (Tri-Valley), 10.80; 7th, Shelby Logan (Eureka), 11.05; 8th, Kennedy Sennett (RV/Lex), 11.32.

HIGH JUMP

1st, Aubrey Phillips (EPG), 1.58m [5-2.20]; (meet record); 2nd, Holly Flannigan (Dee-Mack), 1.45m; 3rd, (tie) Reese Deckard (EPG), 1.40m; Meredith Grunloh (RV/Lex), 1.40m; Rylie Otto (Dee-Mack), 1.40; 6th, Lyla Tate (Heyworth), 1.35m; 7th (tie), Reagan Tompkins (GCMS), 1.30m; Josie Wiegand (Eureka), 1.30m; Ella Black (Tri-Valley), 1.30m.

LONG JUMP

1st, Addi Swadinsky (Dee-Mack), 5.28m [17-3.87]; 2nd, Laurel Munson (Eureka), 5.25m; 3rd, Aubrey Phillips (EPG), 5.05m; 4th, Kayleigh Tharp (Eureka), 4.89m; 5th, Abriel Smith (EPG), 4.65m; 6th, Leah Sears (Eureka), 4.50m; 7th, McKayla Harms (EPG), 4.33m; 8th, Carsyn Langellier (Heyworth), 4.31m.

TRIPLE JUMP

1st, Laney Nelson (Tri-Valley), 10.05m [32-11.67]; 2nd, Callie Schumacher (Eureka), 9.95m; 3rd, Leah Sears (Eureka), 9.76m; 4th, Rylee Bramley (Tri-Valley), 9.75m; 5th, Sophie Musselman (Eureka), 9.52m; 6th, Dalie DeJesus (Dee-Mack), 9.31m; 7th, McKayla Harms (EPG), 9.17m; 8th, Lailah Armendarez, (Dee-Mack), 9.04m.

POLE VAULT

1st, Lizzie Uphoff (EPG), 3.05m [10-0]; 2nd, Kaelyn Thoele (Tri-Valley), 2.09m; 3rd, Carys Mayo (Eureka), 2.36m; 4th, Haley Garber (Tri-Valley), 2.15m; 5th, Lydia Porter (Eureka), 2.00m.

SHOT PUT

1st, Carolyn Megow (Fieldcrest), 10.34m [33-11.09]; 2nd, Pru Mangan (Fieldcrest), 8.95m; 3rd, Callie Cheever (RV/Lex), 8.67m; 4th, Mary Rumbold (Eureka), 8.37m; 5th, Braelyn Walker (Eureka), 8.21m; 6th, Savannah Schumate (GCMS), 8.02m; 7th, Eva Ludwig (RV/Lex), 7.94m; 8th, Jordyn Coppejans (EPG), 7.93m.

4 x 200 RELAY

1st, Eureka A (Grace Wegner, Sophie Kaufman, Sophia Musselman, Laurel Munson), 1:52.29; 2nd, EPG A, 1:54.82; 3rd, Heyworth A, 1:58.64; 4th, Eureka B, 1:59.46; 5th, Eureka C, 1:59.83; 6th, EPG B, 2:01.01; 7th, Tri-Valley A, 2:01.01; 8th, Dee-Mack A, 2:03.77.

4 x 400 RELAY

1st, Eureka A (Grace Wegner, Claire Albertson, Sophie Kaufman, Laurel Munson), 4:17.63 (meet record); 2nd, Tri-Valley A, 4:36.04; 3rd, Eureka B, 4:39.24; 4th, EPG A, 4:41.25; 5th, Eureka C, 4:44.19; 6th, Eureka D, 4:50.11; 7th, EPG B, 4:52.67; 8th, Fieldcrest A, 4:59.3.

4 x 800 RELAY

1st, Eureka A (Natali Roth, Adeline Hubert, Meika Bender, Claire Albertson), 10:15.96 (meet record); 2nd, Eureka B, 10:46.81; 3rd, EPG A, 10:50.68; 4th, Tri-Valley A, 11:04.80; 5th, Dee-Mack, 11:46.54; 6th, Fieldcrest, 12:06.69.