

Pentathlon Scoring	hurdles (enter time)	USATF points hurdles	shot put (metric)	USATF points shot put	100m (enter time)	USATF points 100m	long jump (metric)	USATF points long jump	800m or 1500m	USATF points 800/1500	TOTAL USATF POINTS
Mara Bruno (SENEC)	19.62	335	8.75	448	13.75	644	4.74	490	2:47.65	488	2405
Tristyn Grube (EPG)	21.22	209	7.48	366	13.74	645	4.72	485	2:39.83	575	2280
Sophia Lowery (EPG)	21.05	221	8.76	449	13.79	637	4.47	421	2:42.00	550	2278
Brooklyn Giertz (Seneca)	18.84	405	8.67	443	14.13	584	4.35	391	2:53.87	424	2247
Grace Alley (Seneca)	19.97	305	8.48	430	15.03	453	4.55	441	2:43.38	535	2164
Ashley Coppenbarger (West)	18.73	416	7.51	368	14.53	524	4.17	347	2:52.95	433	2088
Lexy Grober(EUR)	20.99	225	6.86	326	15.03	453	3.85	274	2:32.80	658	1936
Nadia Kessling (Henry-Midland)	19.46	349	6.21	285	15.08	446	4.08	326	2:47.39	491	1897
Sierra Sonnemaker (Washington)	20.07	296	9.78	515	14.91	469	4.12	336	3:16.51	227	1843
Lillian Lay (West)	21.51	189	7.68	379	14.26	564	3.76	254	2:54.12	422	1808
Natalie Meiss(EUR)	21.01	224	7.28	353	13.75	644	3.80	263	3:05.48	316	1800
Abby Hoeft (West)	20.98	226	6.67	314	15.12	440	4.01	310	2:45.67	510	1800
Rebecca Orns(EPG)	21.52	188	7.81	387	14.91	469	3.73	248	2:48.54	479	1771
Molly Kuehn (Washington)	18.35	453	5.83	261	14.49	530	3.33	167	3:16.62	226	1637
Carissa Simon (Seneca)	22.28	141	7.99	399	14.38	546	4.60	454	4:01.07	13	1553
Kayden Glaub (Washington)	19.9	311	5.55	243	15.02	454	3.69	239	3:10.70	272	1519
Cecelia Fischer (Washington)	21	225	5.52	241	16.24	300	3.37	174	3:05.25	318	1258
Natalie Carajohn (Seneca)	22.02	156	6.00	271	14.83	481	4.15	343	DNR	0	1251
Ria Iyer (Washington)	24.12	52	4.73	191	17.55	167	3.18	139	4:16.21	0	549